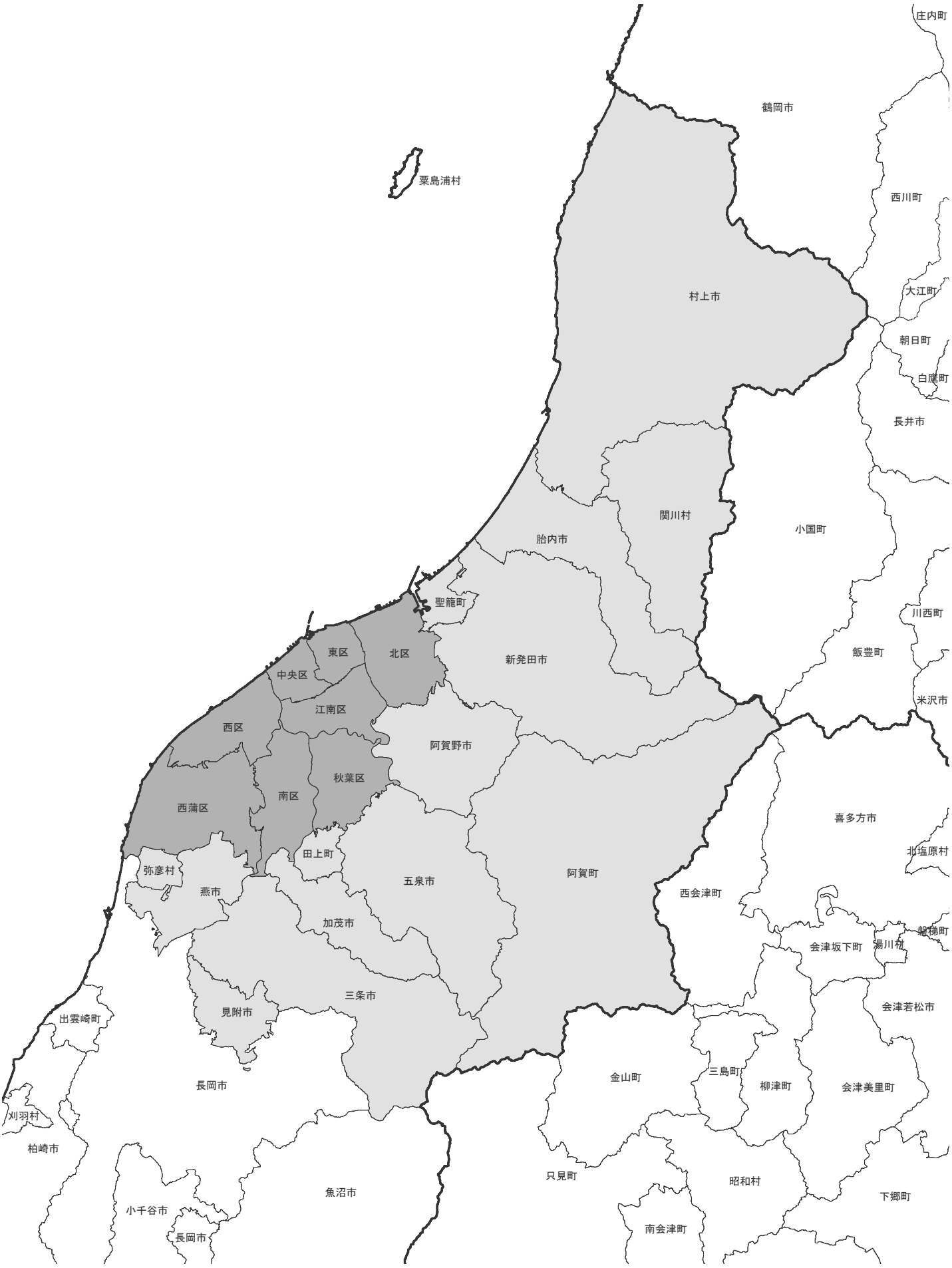新潟大都市圏
Niigata M.M.A.