

3. 身長別 計測値

1 計

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
92 cm	17.5	55.2	60.0	15.8	54.5	57.2
93	17.0	54.3	61.0	14.8	52.5	58.2
94	13.8	50.5	52.4	13.7	50.2	55.6
95	17.3	55.4	57.9	14.7	52.3	54.4
96	15.7	56.7	52.0	15.1	48.7	52.5
97	15.8	52.0	56.3	15.5	51.1	55.3
98	15.4	52.4	56.3	15.5	51.3	56.7
99	14.6	51.2	55.4	14.8	51.3	55.5
100	16.6	53.5	57.9	16.0	51.7	57.2
101	16.0	53.5	57.3	15.5	52.2	57.1
102	16.1	53.5	57.7	15.9	52.2	57.7
103	16.3	53.6	57.9	16.2	52.8	58.0
104	16.4	53.7	58.7	16.5	53.0	58.4
105	16.8	53.9	59.1	16.7	53.2	59.0
106	17.2	54.3	59.7	17.0	53.2	59.3
107	17.4	54.6	60.1	17.3	53.7	59.9
108	17.8	54.7	60.5	17.7	53.9	60.5
109	18.1	55.1	61.2	18.0	54.1	61.1
110	18.5	55.5	61.6	18.3	54.4	61.6
111	18.8	55.9	62.1	18.6	54.6	62.1
112	19.3	56.0	62.8	19.0	55.0	62.7
113	19.5	56.5	63.3	19.3	55.3	63.2
114	19.8	56.7	63.8	19.7	55.5	63.7
115	20.2	57.0	64.3	20.1	55.8	64.2
116	20.6	57.5	64.7	20.5	56.2	64.7
117	21.0	57.7	65.2	20.8	56.5	65.2
118	21.4	58.1	65.7	21.3	56.9	65.6
119	21.9	58.5	66.2	21.7	57.3	66.0
120	22.2	58.8	66.8	22.0	57.5	66.6
121	22.7	59.2	67.2	22.7	58.1	67.0
122	23.1	59.4	67.6	23.1	58.5	67.5
123	23.7	60.1	68.1	23.6	58.8	68.0
124	24.2	60.4	68.6	24.1	59.3	68.5
125	24.7	60.8	69.0	24.6	59.7	68.9
126	25.2	61.3	69.5	25.2	60.1	69.3
127	25.6	61.6	69.9	25.5	60.5	69.7
128	26.2	62.0	70.3	26.1	60.9	70.2
129	26.7	62.4	70.7	26.6	61.2	70.6
130	27.4	63.1	71.1	27.2	61.8	71.1
131	27.9	63.4	71.6	27.5	62.0	71.6
132	28.5	63.9	72.0	28.6	63.1	72.1
133	29.2	64.4	72.5	28.9	63.2	72.4
134	29.9	64.9	73.0	29.5	63.9	72.9
135	30.3	65.1	73.2	30.1	64.1	73.3
136	31.0	65.7	73.7	30.9	64.9	73.9
137	31.6	66.2	74.1	31.2	65.0	74.2
138	32.2	66.7	74.6	32.0	65.7	74.7
139	33.0	67.1	74.9	32.7	66.5	75.2
140	33.6	67.6	75.3	33.5	67.0	75.7
141	34.5	68.3	75.8	34.4	67.9	76.3

の平均値

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
142 cm	35.0	68.7	76.0	35.4	69.0	76.8
143	35.7	69.1	76.6	36.1	69.5	77.4
144	36.3	69.5	76.9	37.1	70.5	77.9
145	37.0	70.0	77.4	38.5	71.7	78.6
146	37.9	70.6	77.9	39.6	72.7	79.2
147	38.6	71.0	78.4	40.8	73.8	79.9
148	39.1	71.2	78.8	42.0	74.6	80.4
149	40.1	72.1	79.2	43.1	75.5	80.9
150	40.7	72.5	79.7	44.2	76.2	81.5
151	41.8	73.2	80.4	45.2	76.9	82.1
152	42.1	73.3	80.8	46.2	77.7	82.6
153	43.3	74.1	81.4	47.4	78.4	83.1
154	44.1	74.7	81.9	48.1	78.7	83.6
155	44.8	75.1	82.4	48.7	79.1	84.0
156	45.8	75.9	83.0	49.6	79.5	84.5
157	46.8	76.6	83.7	50.4	79.9	84.9
158	48.0	77.4	84.2	51.0	80.2	85.4
159	48.5	77.8	84.8	51.6	80.4	85.7
160	50.0	78.7	85.5	52.6	80.9	86.2
161	51.1	79.3	86.1	53.3	81.2	86.7
162	52.0	80.1	86.5	53.9	81.3	87.1
163	52.7	80.6	87.1	54.8	81.8	87.5
164	53.5	81.1	87.6	55.2	81.8	87.8
165	54.7	81.9	88.1	55.8	82.2	88.4
166	55.5	82.3	88.6	56.8	82.7	88.5
167	56.4	82.7	89.0	58.0	82.6	89.1
168	57.5	83.4	89.5	58.4	83.1	89.3
169	57.9	83.5	89.9	58.4	82.7	89.6
170	58.9	84.1	90.4	59.6	83.9	90.3
171	59.7	84.4	90.8	61.0	83.8	90.7
172	60.8	85.0	91.2	61.5	84.6	92.1
173	61.2	85.1	91.7	63.6	85.1	91.3
174	61.9	85.5	92.1	60.4	81.4	90.7
175	63.0	86.1	92.6	58.4	81.8	91.8
176	63.2	86.0	92.8	66.0	89.0	92.0
177	64.1	86.3	93.4	58.0	80.3	91.5
178	65.2	87.1	93.7	60.9	82.5	90.7
179	66.4	87.5	94.1	-	-	-
180	67.2	87.1	94.7	62.0	83.0	95.0
181	66.9	86.8	95.1	-	-	-
182	69.1	88.6	95.6	-	-	-
183	70.6	89.5	95.7	-	-	-
184	70.0	88.3	96.1	50.0	83.0	81.0
185	72.3	89.5	96.0	-	-	-
186	72.3	87.5	98.1	-	-	-
187	72.2	89.3	97.1	-	-	-
188	76.3	93.9	97.9	-	-	-
189	77.6	91.0	98.5	-	-	-
190	78.0	89.0	97.0	-	-	-
192	78.3	94.4	101.4	-	-	-
198	82.0	99.0	98.0	-	-	-

3. 身長別 計測値

2 幼稚園

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
92 cm	17.5	55.2	60.0	15.1	55.9	55.0
93	17.6	55.9	61.0	14.6	52.5	58.2
94	13.0	51.0	50.0	13.7	50.2	55.6
95	17.6	56.7	54.7	14.2	51.9	52.8
96	14.4	52.3	52.6	15.1	48.7	52.5
97	15.7	51.5	56.4	15.5	51.0	54.9
98	15.0	52.0	55.6	15.2	50.9	55.7
99	14.6	51.2	55.2	14.8	51.3	55.4
100	16.1	53.3	56.9	15.9	51.4	56.8
101	15.7	53.1	56.7	15.4	52.1	56.8
102	16.1	53.5	57.7	15.9	52.2	57.4
103	16.2	53.4	57.6	16.1	52.8	57.6
104	16.4	53.6	58.5	16.5	53.0	58.2
105	16.8	53.9	58.9	16.7	53.3	58.8
106	17.3	54.3	59.5	17.1	53.3	59.1
107	17.5	54.6	59.8	17.4	53.9	59.6
108	17.8	54.8	60.3	17.7	54.0	60.3
109	18.2	55.2	60.9	18.1	54.3	60.8
110	18.6	55.5	61.2	18.3	54.4	61.1
111	18.9	56.0	61.7	18.9	55.0	61.6
112	19.5	56.0	62.4	19.2	55.2	62.1
113	19.5	56.6	62.8	19.6	55.6	62.9
114	20.1	57.1	63.3	20.0	55.7	63.0
115	20.5	57.4	63.6	20.5	56.4	63.8
116	20.8	57.6	64.1	21.2	56.7	64.0
117	21.3	58.1	64.3	21.2	57.6	64.8
118	22.0	58.4	64.6	21.9	57.5	64.9
119	22.6	59.2	65.5	22.1	58.1	65.2
120	22.8	59.0	66.0	21.6	58.0	65.6
121	23.8	60.4	67.3	23.0	57.2	66.4
122	22.6	59.6	66.9	23.4	58.5	66.4
123	24.4	61.7	67.8	25.2	59.6	66.0
124	25.2	61.6	68.6	24.2	58.1	67.9
125	26.1	63.2	65.8	25.9	61.3	67.0

の平均値(つづき)

3 小学校

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
92 cm	-	-	-	16.6	52.7	60.0
93	16.0	51.0	61.0	-	-	-
94	15.0	50.0	56.0	-	-	-
95	17.2	54.9	59.0	17.2	53.8	62.0
96	18.0	65.0	51.0	-	-	-
97	16.2	54.2	55.9	16.2	52.6	60.1
98	17.1	54.3	59.4	16.5	52.2	59.6
99	14.5	51.3	56.9	16.0	53.0	56.0
100	18.9	54.7	63.1	17.0	53.5	59.4
101	17.7	55.3	60.7	15.7	52.3	58.3
102	16.2	53.8	58.2	15.9	52.4	59.4
103	17.2	54.8	60.6	16.6	52.8	60.1
104	16.4	53.9	59.7	16.4	53.0	59.4
105	16.6	54.0	59.8	16.6	52.8	59.8
106	16.9	54.4	60.3	16.7	53.0	59.8
107	17.3	54.7	60.7	17.0	53.2	60.5
108	17.6	54.6	61.0	17.6	53.8	60.9
109	18.0	54.9	61.6	17.8	53.8	61.4
110	18.3	55.5	62.1	18.2	54.4	62.1
111	18.6	55.8	62.5	18.4	54.3	62.3
112	19.1	56.1	63.0	18.9	54.9	63.0
113	19.5	56.4	63.5	19.2	55.2	63.3
114	19.7	56.5	64.0	19.6	55.4	63.8
115	20.1	56.9	64.4	20.0	55.7	64.3
116	20.6	57.5	64.9	20.4	56.1	64.8
117	21.0	57.6	65.4	20.8	56.4	65.2
118	21.4	58.0	65.8	21.3	56.9	65.7
119	21.8	58.4	66.2	21.7	57.3	66.1
120	22.2	58.8	66.6	22.1	57.5	66.7
121	22.7	59.1	67.2	22.6	58.1	67.0
122	23.1	59.4	67.6	23.1	58.5	67.5
123	23.7	60.0	68.1	23.6	58.8	68.0
124	24.2	60.3	68.6	24.1	59.3	68.5
125	24.7	60.8	69.0	24.6	59.7	68.9
126	25.2	61.3	69.5	25.1	60.1	69.3
127	25.6	61.6	69.9	25.5	60.4	69.7
128	26.1	61.9	70.3	26.0	60.9	70.2
129	26.7	62.4	70.7	26.5	61.2	70.6
130	27.4	63.1	71.1	27.1	61.8	71.1
131	27.9	63.4	71.6	27.5	62.0	71.6
132	28.5	63.9	72.0	28.5	63.0	72.1
133	29.1	64.4	72.5	28.9	63.1	72.3
134	29.8	64.8	73.0	29.4	63.8	72.8
135	30.2	65.0	73.1	30.0	64.0	73.3
136	31.0	65.7	73.7	30.8	64.8	73.8
137	31.5	66.1	74.1	31.1	64.9	74.2
138	32.2	66.6	74.6	31.9	65.5	74.6
139	33.0	67.1	75.0	32.7	66.4	75.2
140	33.5	67.5	75.2	33.2	66.5	75.5
141	34.6	68.3	75.8	34.1	67.4	76.1
142	35.1	68.8	76.1	35.0	68.2	76.6
143	35.8	69.2	76.7	35.5	68.5	77.2
144	36.6	69.7	77.0	36.1	69.0	77.6
145	37.4	70.3	77.4	36.8	69.6	78.1
146	38.1	70.8	77.9	37.8	70.5	78.7
147	39.1	71.3	78.3	38.9	71.2	79.2
148	38.8	70.8	78.7	39.8	71.8	79.7
149	40.7	72.6	79.1	40.4	72.2	80.2
150	41.3	73.0	79.7	41.3	72.9	80.6
151	42.6	73.5	80.4	41.9	73.4	81.4
152	42.8	73.7	80.4	42.2	73.4	81.8
153	42.9	73.5	80.9	44.1	75.0	82.3
154	44.9	74.8	81.7	44.9	75.1	82.8
155	45.9	76.0	81.8	45.9	76.2	82.9
156	46.5	76.3	82.4	45.9	76.0	83.3
157	47.1	76.5	83.1	45.7	75.2	84.6
158	49.1	77.6	83.2	47.2	76.7	84.8
159	48.3	77.0	84.2	48.3	77.5	85.1
160	49.9	77.3	85.0	48.1	77.1	85.0
161	49.8	77.0	85.8	50.5	78.0	85.8
162	51.7	79.3	85.4	51.4	79.0	86.0
163	51.3	77.3	86.2	53.8	78.5	87.5
164	57.0	81.6	85.6	51.2	78.8	86.3
165	55.2	80.6	87.2	57.0	81.5	89.0

3. 身長別 計測値

4 中学校

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
126 cm	33.8	68.0	73.9	36.5	70.9	77.0
127	31.0	66.0	71.8	33.3	68.4	72.8
128	30.0	63.3	69.7	26.0	62.7	70.0
129	30.7	65.5	71.9	29.5	63.7	70.0
130	31.1	65.6	73.5	31.8	66.4	73.6
131	27.9	63.5	71.3	28.7	64.3	71.4
132	29.6	65.1	72.0	31.5	66.9	73.9
133	30.2	65.3	72.5	29.3	65.3	72.9
134	30.6	65.4	72.6	32.0	67.9	74.5
135	30.7	65.5	73.2	30.9	66.0	73.5
136	30.6	65.8	73.5	32.1	67.2	74.1
137	31.9	66.8	73.6	32.2	67.5	74.4
138	32.3	66.9	74.1	32.4	67.2	74.9
139	32.7	67.0	74.6	33.0	67.1	75.7
140	33.6	67.7	75.2	34.5	69.2	76.1
141	34.0	68.0	75.6	34.9	69.5	76.8
142	34.6	68.4	75.8	35.8	70.3	77.0
143	35.4	68.9	76.4	36.7	71.0	77.9
144	35.9	69.3	76.8	37.5	71.6	78.1
145	36.6	69.7	77.3	39.3	72.9	79.0
146	37.6	70.3	77.9	39.6	73.0	79.4
147	38.2	70.7	78.3	40.8	74.1	80.1
148	39.2	71.4	78.7	41.6	74.4	80.5
149	39.7	71.8	79.2	42.4	75.0	80.9
150	40.2	72.1	79.6	43.3	75.4	81.4
151	41.4	73.0	80.3	44.1	76.0	82.0
152	41.9	73.1	80.8	45.1	76.8	82.4
153	43.1	74.0	81.4	45.9	77.2	82.9
154	43.8	74.3	81.8	46.6	77.3	83.3
155	44.4	74.6	82.3	47.3	77.8	83.7
156	45.4	75.5	82.9	48.0	78.1	84.3
157	46.2	75.9	83.4	48.7	78.3	84.7
158	47.1	76.5	84.0	49.3	78.8	85.1
159	47.7	76.8	84.4	50.1	79.1	85.5
160	48.9	77.4	85.1	51.2	79.6	86.0
161	49.9	78.1	85.7	51.6	79.8	86.5
162	51.1	78.8	86.1	52.3	79.8	86.8
163	51.4	79.0	86.6	52.8	79.9	87.2
164	51.9	79.3	87.1	54.0	80.8	87.7
165	53.5	80.5	87.6	54.2	80.8	88.2
166	54.0	80.5	88.0	55.2	81.4	88.3
167	54.5	80.7	88.3	56.0	81.4	88.9
168	55.6	81.3	88.9	56.0	81.3	89.4
169	56.4	81.7	89.2	55.0	80.4	89.0
170	56.9	82.1	89.9	59.6	82.9	89.8
171	58.4	82.5	90.4	59.1	81.9	90.1
172	59.6	83.3	90.8	60.0	83.4	91.7
173	59.0	82.5	90.9	61.7	83.3	91.8
174	60.2	83.3	91.9	57.9	80.7	91.1
175	60.9	83.2	91.8	61.9	82.2	91.4
176	62.5	84.2	92.5	-	-	-
177	65.5	86.0	92.8	58.0	80.3	91.5
178	65.4	86.6	93.3	39.0	73.0	79.0
179	64.4	84.9	93.4	-	-	-
180	63.0	83.3	94.0	62.0	83.0	95.0
181	67.7	85.3	94.0	-	-	-
182	69.8	87.0	96.6	-	-	-
183	69.7	88.3	94.3	-	-	-
184	67.6	86.0	96.1	-	-	-
185	65.8	86.2	94.4	-	-	-

の平均値(つづき)

5 高等学校

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
131 cm	44.0	88.0	70.0	31.0	72.0	69.0
132	51.8	81.3	82.8	55.6	84.6	86.0
133	-	-	-	48.0	80.0	84.0
134	54.4	82.9	87.0	51.3	77.3	87.0
135	55.3	85.1	83.1	58.6	85.3	86.7
136	53.0	75.0	88.0	46.1	81.7	78.1
137	43.7	75.7	78.4	56.9	82.0	85.5
138	52.6	82.2	89.3	39.6	75.0	79.0
139	31.0	67.0	76.0	39.8	76.5	76.6
140	52.8	81.0	91.0	42.7	79.0	80.9
141	51.8	78.5	87.4	43.7	77.4	79.9
142	32.3	65.4	75.2	43.2	77.7	79.6
143	58.7	84.1	86.6	44.2	78.2	79.3
144	40.7	73.0	82.3	46.2	79.9	80.1
145	40.7	75.1	78.2	45.7	79.1	80.3
146	44.0	76.3	84.2	45.6	79.0	80.6
147	40.7	73.1	81.2	45.8	79.2	81.1
148	39.3	71.6	79.9	46.5	79.3	81.4
149	43.9	75.5	81.4	47.3	79.8	81.7
150	46.5	77.4	81.0	47.7	79.6	82.2
151	44.9	76.5	81.9	48.5	80.0	82.6
152	44.6	76.4	82.3	49.0	80.3	83.2
153	46.4	77.6	82.8	49.9	80.7	83.5
154	46.6	78.0	83.0	50.3	80.7	83.9
155	47.2	78.2	83.8	50.5	80.6	84.3
156	47.7	78.3	84.1	51.3	81.1	84.7
157	49.0	79.6	84.7	52.1	81.5	85.2
158	50.4	80.0	85.2	52.5	81.4	85.6
159	50.5	80.4	85.7	52.9	81.6	85.9
160	52.1	81.0	86.2	53.6	81.8	86.3
161	52.6	81.1	86.6	54.5	82.1	86.8
162	53.0	81.7	87.1	54.8	82.2	87.3
163	54.0	82.0	87.5	55.9	82.8	87.7
164	54.7	82.5	87.9	55.8	82.2	87.8
165	55.4	82.8	88.4	56.5	82.8	88.4
166	56.3	83.2	88.9	57.7	83.3	88.7
167	57.2	83.5	89.3	58.8	83.0	89.2
168	58.2	84.2	89.7	59.5	84.0	89.2
169	58.4	84.1	90.1	59.7	83.5	89.7
170	59.4	84.7	90.6	59.6	84.3	90.6
171	60.0	84.8	90.9	61.9	84.7	91.0
172	61.1	85.4	91.3	61.9	84.9	92.2
173	61.7	85.5	91.8	64.5	85.9	91.1
174	62.2	86.0	92.1	62.8	82.0	90.3
175	63.3	86.6	92.8	57.2	81.7	92.0
176	63.2	86.2	92.8	-	-	-
177	64.0	86.4	93.5	66.0	89.0	92.0
178	65.1	87.1	93.8	-	-	-
179	66.7	87.8	94.2	70.7	86.8	95.9
180	67.4	87.4	94.8	-	-	-
181	66.8	86.9	95.1	-	-	-
182	69.1	88.8	95.5	-	-	-
183	70.7	89.5	95.7	-	-	-
184	70.2	88.5	96.1	-	-	-
185	73.6	90.1	96.3	50.0	83.0	81.0
186	72.3	87.5	98.1	-	-	-
187	72.2	89.3	97.1	-	-	-
188	76.3	93.9	97.9	-	-	-
189	77.6	91.0	98.5	-	-	-
190	78.0	89.0	97.0	-	-	-
192	78.3	94.4	101.4	-	-	-
198	82.0	99.0	98.0	-	-	-