

3. 身長別 計測値

1 計

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
90 cm	-	-	-	14.0	48.2	59.0
91	12.3	49.6	51.1	13.2	50.7	53.6
92	18.0	55.0	63.0	13.5	50.4	52.4
93	13.6	52.3	53.7	12.7	48.9	53.8
94	14.0	51.2	54.6	14.3	55.0	51.7
95	13.6	52.1	54.4	13.7	50.2	54.6
96	14.0	51.9	55.3	14.4	51.6	56.1
97	14.6	51.7	56.1	14.6	51.4	55.1
98	14.7	52.5	56.0	14.8	51.4	56.3
99	15.4	53.2	57.0	15.0	51.6	56.8
100	15.5	53.2	57.9	15.4	52.2	57.3
101	15.9	53.6	57.9	15.5	52.3	57.8
102	16.1	53.7	58.5	15.9	52.6	58.4
103	16.4	53.9	58.8	16.2	52.8	58.7
104	16.7	54.2	59.3	16.5	53.0	59.2
105	17.0	54.3	60.0	16.8	53.3	59.7
106	17.3	54.8	60.2	17.1	53.6	60.2
107	17.6	55.0	60.8	17.4	53.8	60.6
108	17.8	55.2	61.3	17.8	54.2	61.1
109	18.2	55.5	61.7	18.0	54.4	61.6
110	18.5	55.8	62.1	18.4	54.7	62.1
111	18.9	56.1	62.7	18.8	55.0	62.6
112	19.3	56.4	63.1	19.1	55.2	63.0
113	19.7	56.7	63.6	19.4	55.4	63.4
114	20.0	57.0	64.0	19.8	55.8	63.9
115	20.3	57.3	64.5	20.2	56.2	64.4
116	20.7	57.6	64.9	20.6	56.4	64.8
117	21.2	58.0	65.4	21.0	56.8	65.3
118	21.6	58.2	65.9	21.4	57.2	65.7
119	21.9	58.5	66.3	21.8	57.4	66.2
120	22.4	58.9	66.8	22.2	57.8	66.7
121	22.9	59.4	67.3	22.7	58.1	67.2
122	23.3	59.7	67.7	23.1	58.4	67.6
123	23.8	60.2	68.1	23.7	58.9	68.1
124	24.3	60.5	68.6	24.2	59.4	68.5
125	24.8	61.0	69.0	24.6	59.6	69.1
126	25.2	61.3	69.5	25.2	60.1	69.4
127	25.7	61.7	69.9	25.7	60.6	69.8
128	26.4	62.2	70.4	26.1	60.9	70.2
129	26.8	62.7	70.7	26.6	61.3	70.7
130	27.5	63.1	71.2	27.2	61.8	71.2
131	28.1	63.6	71.7	27.7	62.2	71.6
132	28.7	64.1	72.0	28.2	62.6	72.0
133	29.2	64.4	72.5	28.9	63.3	72.4
134	29.9	64.9	72.9	29.5	63.6	72.9
135	30.6	65.5	73.3	30.1	64.1	73.3
136	31.1	65.8	73.7	30.6	64.6	73.8
137	31.6	66.2	74.1	31.4	65.3	74.3
138	32.3	66.7	74.5	31.9	65.7	74.8
139	33.1	67.3	75.0	32.8	66.5	75.2
140	33.9	67.8	75.4	33.5	67.0	75.7
141	34.6	68.3	75.9	34.3	67.8	76.2
142	35.1	68.6	76.2	35.3	68.6	76.8
143	36.0	69.2	76.6	35.9	69.3	77.3
144	36.9	70.0	77.0	37.1	70.2	77.9

の平均値

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
145 cr	37.3	70.1	77.5	38.3	71.5	78.6
146	38.3	70.8	77.9	39.2	72.1	79.1
147	38.8	71.1	78.3	40.7	73.4	79.8
148	39.5	71.5	78.9	41.7	74.3	80.3
149	40.3	72.0	79.4	42.8	75.1	80.9
150	41.3	72.7	79.8	44.1	76.2	81.5
151	42.0	73.2	80.3	45.2	76.9	82.1
152	42.7	73.6	80.8	46.3	77.7	82.6
153	43.7	74.3	81.3	47.1	78.2	83.0
154	44.2	74.6	81.9	48.2	78.9	83.5
155	45.2	75.3	82.4	49.1	79.3	84.0
156	46.4	76.1	83.0	49.7	79.7	84.4
157	47.0	76.5	83.5	50.5	80.0	84.9
158	48.3	77.4	84.2	51.3	80.3	85.3
159	48.9	77.7	84.7	52.0	80.6	85.7
160	50.2	78.7	85.4	52.5	80.9	86.1
161	51.2	79.4	85.9	53.6	81.4	86.6
162	52.2	79.9	86.5	54.0	81.3	87.0
163	53.2	80.7	87.0	55.2	82.1	87.4
164	54.1	81.2	87.6	55.8	82.2	87.8
165	55.2	82.0	88.0	56.4	82.4	88.3
166	56.0	82.4	88.6	57.1	82.6	88.5
167	56.9	82.8	89.1	57.9	82.8	88.9
168	57.7	83.2	89.5	58.7	83.2	89.5
169	58.5	83.7	89.9	60.0	83.8	90.0
170	59.6	84.3	90.4	59.3	83.3	90.1
171	60.2	84.4	90.9	61.7	85.1	90.7
172	61.2	85.0	91.3	64.3	86.2	91.3
173	61.8	85.2	91.8	60.6	83.9	91.1
174	63.0	85.8	92.3	62.5	84.3	92.0
175	63.6	86.1	92.6	67.6	89.5	93.4
176	64.5	86.5	93.0	63.5	83.4	92.4
177	65.1	86.6	93.5	66.6	86.5	93.5
178	65.6	87.0	93.9	54.8	78.9	88.8
179	66.4	87.1	94.3	81.0	94.0	96.0
180	68.0	88.0	94.6	61.2	79.3	91.5
181	68.1	87.5	95.4	55.0	80.0	82.0
182	68.6	87.8	95.7	-	-	-
183	69.8	88.3	95.7	-	-	-
184	70.9	88.9	96.6	-	-	-
185	70.0	87.9	96.9	-	-	-
186	74.9	91.7	98.0	-	-	-
187	71.2	87.9	97.3	-	-	-
188	74.0	91.3	96.0	-	-	-
189	76.7	92.2	97.3	-	-	-
190	72.4	89.5	95.1	-	-	-
191	70.8	86.7	100.5	-	-	-
192	90.0	96.0	97.0	-	-	-
193	100.0	98.0	102.0	-	-	-
196	55.0	84.0	94.0	-	-	-
197	98.0	105.0	92.0	-	-	-

3. 身長別 計測値

2 幼稚園

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
90 cm	-	-	-	14.0	48.2	59.0
91	12.3	49.6	51.1	13.2	50.7	53.6
92	18.0	55.0	63.0	13.5	50.4	52.4
93	13.6	52.3	53.7	13.2	49.6	53.7
94	14.0	51.2	54.6	14.3	55.0	51.7
95	13.6	52.4	54.3	13.7	50.2	54.6
96	14.0	51.9	55.3	14.4	51.6	56.1
97	14.5	51.5	55.9	14.5	51.3	55.1
98	14.8	52.5	56.3	14.8	51.4	56.4
99	15.0	52.6	57.2	15.0	51.7	56.8
100	15.7	53.1	57.9	15.4	52.2	57.3
101	15.8	53.6	57.9	15.5	52.3	57.6
102	16.1	53.7	58.4	15.9	52.5	58.3
103	16.4	53.9	58.8	16.3	53.0	58.6
104	16.7	54.2	59.3	16.6	53.0	59.3
105	17.0	54.4	60.0	16.8	53.4	59.7
106	17.3	54.8	60.2	17.2	53.7	60.3
107	17.6	55.0	60.9	17.5	54.0	60.7
108	18.0	55.3	61.3	17.9	54.5	61.2
109	18.3	55.6	61.8	18.2	54.7	61.7
110	18.7	55.9	62.1	18.7	55.0	62.2
111	19.0	56.1	62.7	19.1	55.4	62.7
112	19.5	56.7	63.3	19.4	55.5	63.2
113	19.9	56.9	63.7	19.8	55.9	63.5
114	20.3	57.2	64.0	20.2	56.3	64.0
115	20.7	57.6	64.5	20.6	56.7	64.4
116	21.1	57.9	65.0	21.2	57.0	64.8
117	21.5	58.1	65.5	21.4	57.4	65.2
118	22.2	58.8	66.1	22.0	57.9	65.9
119	22.4	59.3	66.2	22.4	58.4	65.9
120	23.1	59.5	66.7	23.1	59.1	66.6
121	23.0	59.4	67.3	23.0	58.7	66.7
122	24.7	60.8	67.8	24.2	59.7	68.0
123	24.5	60.6	68.2	24.4	59.3	68.3
124	27.2	63.7	69.0	27.9	64.6	68.7
125	27.4	64.7	70.4	25.1	60.0	68.5
126	24.4	59.9	69.8	23.8	59.3	68.5
127	27.9	64.1	70.0	31.9	63.9	70.3
128	29.9	63.2	71.4	34.7	62.0	70.0
129	25.1	62.5	68.1	-	-	-
130	35.9	71.5	69.5	-	-	-
131	35.0	68.0	74.0	-	-	-
133	32.6	49.0	61.0	-	-	-

の平均値(つづき)

3 小学校

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
93 cm	-	-	-	11.0	47.0	54.0
95	14.0	50.0	55.0	-	-	-
97	15.0	53.0	57.0	15.2	52.7	54.8
98	13.9	51.9	52.7	14.3	50.2	55.1
99	18.0	57.5	56.2	14.7	51.1	55.6
100	14.4	53.3	57.9	14.7	51.5	56.9
101	16.1	53.3	58.4	15.8	52.5	59.5
102	16.3	53.8	59.3	16.0	52.6	59.4
103	15.7	53.6	58.7	15.9	52.1	58.9
104	16.6	54.1	59.2	16.2	53.0	59.0
105	16.8	53.9	60.0	16.6	52.9	60.0
106	17.1	54.6	60.2	16.8	53.2	60.0
107	17.4	54.8	60.7	17.1	53.3	60.6
108	17.5	54.9	61.2	17.5	53.9	61.0
109	18.0	55.4	61.6	17.7	54.0	61.4
110	18.4	55.7	62.1	18.1	54.4	62.0
111	18.8	56.0	62.6	18.6	54.7	62.5
112	19.2	56.2	63.0	19.0	55.1	63.0
113	19.5	56.6	63.5	19.3	55.2	63.4
114	19.9	56.9	64.0	19.8	55.7	63.9
115	20.2	57.2	64.5	20.1	56.1	64.4
116	20.7	57.6	64.9	20.5	56.3	64.8
117	21.2	58.0	65.4	21.0	56.8	65.3
118	21.5	58.2	65.8	21.4	57.1	65.7
119	21.9	58.5	66.3	21.8	57.3	66.2
120	22.4	58.9	66.8	22.2	57.8	66.7
121	22.9	59.4	67.3	22.7	58.1	67.2
122	23.2	59.7	67.7	23.1	58.4	67.6
123	23.8	60.2	68.1	23.7	58.9	68.1
124	24.2	60.5	68.6	24.2	59.4	68.5
125	24.8	61.0	69.0	24.6	59.6	69.1
126	25.2	61.3	69.5	25.2	60.1	69.5
127	25.7	61.7	69.9	25.7	60.6	69.8
128	26.4	62.2	70.4	26.1	60.9	70.2
129	26.8	62.7	70.7	26.6	61.3	70.7
130	27.4	63.1	71.2	27.2	61.8	71.2
131	28.1	63.6	71.7	27.7	62.2	71.6
132	28.7	64.1	72.0	28.2	62.6	72.0
133	29.2	64.4	72.5	28.9	63.2	72.4
134	29.9	64.8	72.9	29.5	63.5	72.9
135	30.6	65.5	73.4	30.1	64.0	73.3
136	31.0	65.8	73.7	30.6	64.5	73.8
137	31.6	66.2	74.1	31.3	65.1	74.3
138	32.3	66.7	74.6	31.9	65.5	74.7
139	33.1	67.3	75.1	32.7	66.3	75.2
140	33.9	67.8	75.5	33.4	66.7	75.6
141	34.6	68.2	75.9	34.0	67.3	76.1
142	35.1	68.5	76.2	34.8	67.9	76.6
143	36.1	69.4	76.8	35.4	68.4	77.1
144	37.2	70.3	77.1	36.4	69.1	77.7
145	37.4	70.2	77.6	37.3	70.0	78.2
146	38.6	71.1	78.1	37.8	70.2	78.7
147	39.2	71.3	78.4	38.6	70.9	79.2
148	40.1	72.0	79.0	39.5	71.6	79.7
149	40.8	72.3	79.4	40.2	72.1	80.3
150	42.5	73.8	79.8	41.0	72.8	80.6
151	42.8	74.0	80.3	41.8	73.2	81.3
152	43.7	74.4	80.8	43.7	74.9	82.0
153	44.5	74.8	81.2	43.9	74.7	82.2
154	45.5	75.5	81.6	45.2	75.7	82.8
155	46.1	75.9	82.2	46.7	76.6	83.3
156	48.4	77.8	82.7	46.9	76.6	83.6
157	47.8	77.2	83.5	46.7	76.8	84.2
158	49.3	77.6	83.8	47.3	76.8	84.7
159	47.8	76.3	83.9	49.0	78.2	84.8
160	49.9	77.8	85.2	49.3	77.4	84.6
161	51.4	78.5	85.0	51.1	78.7	86.2
162	52.0	79.9	85.7	50.7	78.6	86.2
163	54.1	79.9	86.1	55.7	83.0	87.4
164	52.5	78.7	86.9	54.2	78.4	88.2
165	59.6	83.8	86.9	47.9	73.9	86.5
166	57.4	82.6	86.5	57.1	85.1	88.5
167	55.6	82.6	87.3	53.7	79.7	91.0
168	65.2	88.1	90.1	45.5	71.4	87.9
169	65.9	86.5	89.8	42.0	71.0	86.0
170	61.9	84.3	90.2	-	-	-

3. 身長別 計測値

4 中学校

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
109 cm	19.0	66.0	52.0	-	-	-
114	18.0	53.0	56.0	24.0	63.0	63.0
115	36.0	67.0	77.0	-	-	-
116	58.0	80.0	89.0	-	-	-
117	-	-	-	43.0	76.0	82.0
118	39.0	72.0	83.0	26.0	63.0	69.0
119	-	-	-	24.0	60.0	62.0
120	19.0	59.0	63.0	33.9	70.5	76.8
121	-	-	-	41.0	79.0	80.0
122	23.9	63.2	72.4	24.7	63.7	66.0
123	26.7	62.0	68.4	26.2	65.1	67.9
124	24.0	60.3	67.7	28.0	62.5	72.0
125	27.6	65.0	69.4	30.6	71.4	67.6
126	28.6	65.7	70.2	26.3	64.4	68.9
127	26.1	63.9	68.4	27.2	65.5	70.0
128	28.8	65.1	71.3	25.6	62.8	70.6
129	27.5	63.3	71.0	35.0	67.7	70.1
130	28.3	64.2	70.8	27.7	63.4	71.6
131	28.0	64.2	71.3	29.2	64.3	72.2
132	29.7	66.0	71.7	29.3	64.9	72.6
133	29.3	64.7	72.0	28.9	64.2	72.5
134	30.3	65.9	72.3	30.8	65.8	73.4
135	30.5	66.1	72.6	30.7	66.4	73.9
136	31.4	66.7	73.1	31.4	66.6	74.0
137	31.6	66.3	73.7	32.0	66.9	74.3
138	32.4	66.9	74.2	32.3	67.4	75.1
139	33.2	67.3	74.6	33.1	67.8	75.4
140	33.7	67.9	75.0	33.7	68.2	75.9
141	34.5	68.4	75.5	35.2	69.8	76.7
142	35.1	68.6	76.0	36.0	70.2	77.1
143	35.7	69.0	76.4	36.4	70.5	77.6
144	36.3	69.5	76.8	37.6	71.5	78.2
145	37.2	70.0	77.4	38.7	72.4	78.9
146	38.0	70.5	77.8	39.6	72.8	79.4
147	38.5	70.9	78.2	40.8	73.9	79.9
148	39.1	71.2	78.7	41.6	74.5	80.4
149	40.0	71.8	79.3	42.3	74.8	80.9
150	40.8	72.3	79.8	43.4	75.6	81.5
151	41.7	72.9	80.2	44.3	76.2	82.0
152	42.4	73.2	80.8	44.9	76.4	82.4
153	43.4	74.0	81.3	46.0	77.1	82.9
154	43.8	74.1	81.8	46.9	77.7	83.3
155	44.8	74.9	82.3	47.4	77.7	83.8
156	45.9	75.5	82.8	48.2	78.2	84.2
157	46.5	75.9	83.3	49.0	78.6	84.6
158	47.6	76.6	83.9	49.8	78.9	85.1
159	48.1	76.8	84.4	50.4	79.2	85.5
160	49.2	77.5	85.0	51.1	79.5	85.9
161	50.1	78.0	85.5	52.1	80.1	86.3
162	51.0	78.5	86.0	52.4	80.0	86.8
163	51.9	79.2	86.4	53.6	80.8	87.3
164	52.5	79.4	87.0	54.5	81.0	87.5
165	53.7	80.1	87.6	54.9	81.0	88.1
166	54.4	80.5	88.0	55.2	81.1	88.6
167	55.2	80.9	88.4	56.0	81.1	89.4
168	56.1	81.4	88.9	56.5	81.8	89.6
169	56.9	81.8	89.2	58.6	82.2	89.8
170	58.2	82.5	89.9	58.1	82.5	89.8
171	58.9	82.5	90.2	58.4	81.8	89.9
172	59.7	83.1	90.9	60.8	84.7	90.4
173	60.1	83.1	91.2	60.4	82.7	90.9
174	61.6	83.7	91.8	60.8	81.6	93.7
175	62.4	84.4	91.9	61.2	86.3	92.8
176	63.1	84.5	92.4	60.6	81.1	91.4
177	64.8	85.5	93.3	69.0	95.0	92.0
178	63.7	85.4	93.2	52.3	76.9	87.6
179	64.9	85.5	94.2	-	-	-
180	65.4	85.2	94.2	51.0	83.0	86.0
181	64.5	84.3	95.1	-	-	-
182	66.4	85.4	92.9	-	-	-
183	70.8	88.4	96.0	-	-	-
184	68.1	84.9	95.9	-	-	-
185	73.4	90.8	95.6	-	-	-
186	74.1	90.6	98.1	-	-	-
187	70.5	85.7	97.0	-	-	-
189	64.0	82.0	95.0	-	-	-
191	62.0	80.0	99.0	-	-	-

の平均値(つづき)

5 高等学校

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
117 cm	29.0	69.0	67.0	-	-	-
130	-	-	-	50.7	84.7	78.4
131	-	-	-	26.0	67.0	71.0
132	-	-	-	29.9	69.1	73.3
133	-	-	-	32.0	73.0	73.0
134	-	-	-	34.6	69.6	74.6
135	-	-	-	35.8	70.9	73.0
136	-	-	-	38.2	79.1	73.1
137	35.0	70.0	76.0	41.4	78.7	76.5
138	31.0	67.0	76.0	38.3	76.3	76.2
139	31.2	67.5	72.8	41.9	77.6	77.2
140	34.9	67.2	75.2	41.9	76.5	78.4
141	59.5	90.8	77.3	43.8	79.3	78.8
142	45.3	81.8	79.3	43.2	77.4	78.8
143	34.4	69.7	76.0	44.3	79.3	79.3
144	43.4	76.5	79.1	44.2	78.0	80.0
145	39.9	72.5	77.8	45.3	79.1	80.3
146	42.5	74.3	77.7	46.1	79.0	80.5
147	44.8	78.0	78.6	46.6	79.5	81.0
148	39.6	72.9	79.1	46.9	79.7	81.4
149	43.6	75.1	82.6	47.3	79.6	81.8
150	42.3	74.2	81.3	47.7	79.9	82.1
151	45.5	77.1	82.0	48.3	79.9	82.6
152	44.8	76.5	82.1	49.3	80.5	83.0
153	46.2	78.9	83.0	49.5	80.6	83.3
154	47.7	78.7	83.7	50.2	80.7	83.8
155	47.7	78.2	83.7	51.1	81.1	84.3
156	48.6	78.7	84.6	51.4	81.3	84.6
157	49.4	79.4	84.7	52.0	81.4	85.1
158	50.7	80.2	85.4	52.7	81.6	85.5
159	51.3	80.4	85.8	53.2	81.8	85.9
160	52.3	81.2	86.3	53.6	81.8	86.2
161	52.9	81.6	86.7	54.6	82.3	86.8
162	53.8	81.9	87.2	55.0	82.2	87.1
163	54.5	82.3	87.6	56.0	82.8	87.5
164	55.5	82.6	88.0	56.5	82.8	87.9
165	56.2	83.2	88.4	57.2	83.1	88.4
166	57.0	83.5	89.0	58.0	83.3	88.7
167	57.7	83.8	89.4	58.8	83.7	89.1
168	58.3	84.0	89.8	59.5	83.8	89.6
169	59.1	84.4	90.2	60.7	84.5	90.1
170	59.9	84.8	90.6	59.8	83.7	90.3
171	60.5	84.9	91.1	62.7	86.0	90.9
172	61.5	85.4	91.4	65.4	86.6	91.6
173	62.1	85.6	91.9	60.6	84.3	91.2
174	63.3	86.2	92.3	62.8	84.8	91.7
175	63.8	86.4	92.8	72.0	91.6	93.8
176	64.7	86.7	93.1	64.8	84.5	92.9
177	65.1	86.8	93.6	66.5	86.0	93.6
178	65.8	87.1	93.9	61.7	84.2	91.9
179	66.5	87.2	94.3	81.0	94.0	96.0
180	68.2	88.3	94.7	62.0	79.0	92.0
181	68.4	87.8	95.4	55.0	80.0	82.0
182	68.8	87.9	95.9	-	-	-
183	69.8	88.3	96.6	-	-	-
184	71.0	89.1	96.6	-	-	-
185	69.8	87.8	97.0	-	-	-
186	74.9	91.8	98.0	-	-	-
187	71.2	88.0	97.3	-	-	-
188	74.0	91.3	96.0	-	-	-
189	82.4	98.7	98.3	-	-	-
190	72.4	89.5	95.1	-	-	-
191	76.5	91.0	101.4	-	-	-
192	90.0	96.0	97.0	-	-	-
193	100.0	98.0	102.0	-	-	-
194	-	-	-	-	-	-
195	-	-	-	-	-	-
196	55.0	84.0	94.0	-	-	-
197	98.0	105.0	92.0	-	-	-