

3. 身長別 計測値

1 計

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
90 cm	15.5	51.0	57.1	19.5	49.2	57.2
91	14.6	52.4	55.7	-	-	-
92	13.3	52.3	54.2	14.3	52.2	54.4
93	12.2	50.0	53.6	15.1	51.5	55.2
94	36.5	50.3	54.1	13.2	49.4	52.5
95	13.8	51.2	54.2	13.4	49.9	53.1
96	14.8	52.6	53.7	14.4	50.6	54.7
97	14.3	51.3	55.3	14.3	50.9	55.0
98	14.9	52.3	55.9	15.1	51.2	56.2
99	15.5	52.3	55.6	15.1	51.8	55.8
100	15.9	52.7	57.0	15.8	51.7	56.5
101	15.6	53.0	57.5	16.3	52.1	57.4
102	16.1	53.0	57.6	16.0	52.5	57.7
103	16.6	53.6	58.5	16.2	52.5	58.1
104	16.8	53.8	58.7	16.6	52.8	58.5
105	17.0	54.2	59.2	16.8	53.1	59.2
106	17.4	54.3	59.7	17.2	53.5	59.6
107	17.8	54.8	60.3	17.5	53.8	60.1
108	18.0	55.1	60.7	17.9	53.9	60.6
109	18.4	55.2	61.3	18.3	54.3	61.2
110	18.6	55.7	61.7	18.4	54.5	61.6
111	19.0	55.9	62.3	18.7	54.9	62.2
112	19.3	56.2	62.7	19.1	55.1	62.7
113	19.7	56.7	63.4	19.5	55.5	63.3
114	20.0	56.9	63.9	19.9	55.7	63.8
115	20.3	57.2	64.4	20.3	56.1	64.3
116	20.8	57.5	64.8	20.6	56.4	64.7
117	21.1	57.9	65.3	21.0	56.7	65.2
118	21.5	58.3	65.8	21.4	57.1	65.7
119	22.0	58.6	66.2	21.8	57.4	66.1
120	22.4	59.0	66.7	22.4	57.7	66.6
121	22.9	59.4	67.2	22.8	58.2	67.2
122	23.4	59.6	67.6	23.3	58.6	67.6
123	23.9	60.3	68.2	23.9	59.0	68.1
124	24.4	60.6	68.6	24.1	59.4	68.5
125	24.9	61.0	69.1	24.7	59.8	68.9
126	25.4	61.5	69.4	25.2	60.3	69.3
127	25.9	61.8	69.9	25.7	60.7	69.8
128	26.3	62.2	70.3	26.1	60.9	70.2
129	26.9	62.7	70.8	26.8	61.4	70.7
130	27.5	63.1	71.2	27.2	61.8	71.1
131	28.2	63.6	71.7	28.1	62.6	71.6
132	28.6	63.9	72.0	28.5	62.8	72.0
133	29.4	64.6	72.5	29.1	63.3	72.5
134	29.9	64.9	72.9	29.7	63.8	72.9
135	30.5	65.5	73.3	30.3	64.3	73.3
136	31.1	65.8	73.8	30.8	64.8	73.8
137	31.7	66.3	74.1	31.4	65.3	74.2
138	32.6	67.0	74.5	32.3	66.0	74.7
139	33.3	67.5	74.9	32.7	66.6	75.2
140	33.9	67.9	75.4	33.7	67.3	75.7
141	34.6	68.3	75.8	34.6	68.0	76.3
142	35.3	68.7	76.2	35.3	68.6	76.9
143	36.0	69.4	76.7	36.4	69.7	77.4
144	36.7	69.8	77.1	37.3	70.4	78.0

の平均値

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
145 cm	37.7	70.6	77.5	38.4	71.4	78.6
146	38.2	70.7	78.0	39.6	72.6	79.2
147	39.1	71.3	78.4	40.9	73.7	79.8
148	39.8	71.7	79.0	42.2	74.7	80.4
149	40.4	72.1	79.3	43.2	75.5	81.0
150	41.1	72.7	79.8	44.5	76.6	81.6
151	42.1	73.2	80.3	45.4	77.1	82.1
152	43.0	73.7	81.0	46.4	77.8	82.6
153	43.7	74.2	81.5	47.3	78.3	83.1
154	44.5	74.9	81.9	48.1	78.7	83.5
155	45.5	75.6	82.6	49.1	79.4	84.1
156	46.3	76.1	83.1	49.8	79.6	84.4
157	47.2	76.7	83.6	50.7	80.1	85.0
158	48.1	77.3	84.4	51.2	80.3	85.3
159	49.3	78.2	84.9	52.0	80.7	85.8
160	50.5	79.0	85.5	52.8	81.1	86.2
161	51.3	79.6	86.0	53.5	81.3	86.6
162	52.3	80.1	86.6	54.5	81.7	87.2
163	53.2	80.8	87.1	54.9	81.8	87.5
164	54.2	81.4	87.7	55.8	82.2	87.8
165	55.3	82.0	88.1	56.5	82.5	88.2
166	55.8	82.4	88.6	57.0	82.8	88.8
167	56.9	82.7	89.1	58.4	83.3	89.1
168	57.7	83.4	89.6	58.1	83.0	89.4
169	58.3	83.7	90.0	59.3	83.4	89.9
170	59.4	84.2	90.4	59.5	84.0	89.8
171	60.2	84.6	91.0	60.1	82.9	90.6
172	61.0	85.0	91.4	61.3	83.0	90.7
173	61.7	85.4	91.8	61.0	83.6	90.9
174	62.7	85.6	92.3	67.4	88.2	92.8
175	63.6	86.2	92.6	62.6	85.3	92.6
176	64.0	86.4	93.1	57.4	84.2	89.7
177	65.2	86.8	93.5	65.3	83.9	94.4
178	66.3	87.4	94.0	61.3	84.4	88.9
179	66.8	87.8	94.4	64.0	85.0	97.0
180	67.8	87.9	95.0	-	-	-
181	68.3	88.0	95.1	-	-	-
182	69.9	88.5	95.6	-	-	-
183	70.0	88.7	95.8	80.0	87.0	97.0
184	71.2	89.5	96.0	-	-	-
185	74.0	91.1	97.0	-	-	-
186	73.0	89.6	96.9	-	-	-
187	77.3	92.4	97.5	-	-	-
188	71.2	84.9	99.8	-	-	-
189	72.6	88.7	99.1	-	-	-
190	75.6	89.9	96.7	-	-	-
191	72.7	92.0	101.4	-	-	-
192	65.1	86.5	92.3	-	-	-
193	63.0	78.0	98.0	-	-	-
194	64.6	88.9	91.0	-	-	-
195	50.0	80.0	91.0	55.0	81.0	87.0
197	55.0	86.0	94.0	-	-	-
199	67.0	86.0	105.0	-	-	-

3. 身長別 計測値

2 幼稚園

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
90 cm	15.5	51.0	57.1	18.8	49.7	57.7
91	13.0	52.0	52.0	-	-	-
92	13.3	52.3	54.2	13.2	49.2	51.0
93	12.3	50.7	53.4	16.4	52.0	56.7
94	19.4	50.0	54.1	13.2	49.4	52.5
95	13.8	51.2	54.2	13.4	49.9	53.1
96	14.8	52.6	53.7	14.4	50.6	54.7
97	14.4	51.7	55.0	14.3	50.9	55.0
98	14.9	52.1	55.9	14.7	51.0	55.5
99	15.5	52.2	55.5	15.1	51.6	55.8
100	15.9	52.6	56.9	15.8	51.7	56.4
101	15.6	53.1	57.4	16.3	52.0	57.2
102	16.2	53.0	57.4	16.0	52.4	57.6
103	16.6	53.6	58.3	16.2	52.4	58.0
104	16.8	53.8	58.6	16.6	52.8	58.3
105	17.1	54.2	59.1	16.9	53.1	59.1
106	17.5	54.4	59.6	17.3	53.6	59.4
107	17.9	54.7	60.2	17.6	53.8	60.0
108	18.0	55.1	60.5	17.8	54.1	60.4
109	18.5	55.3	61.2	18.3	54.3	61.0
110	18.7	55.6	61.4	18.6	54.7	61.4
111	19.1	56.0	62.1	19.0	55.1	62.0
112	19.5	56.4	62.3	19.3	55.4	62.3
113	19.9	56.8	63.0	19.7	55.7	62.9
114	20.2	57.1	63.6	20.1	56.1	63.5
115	20.6	57.3	64.0	20.8	56.5	63.9
116	21.1	57.8	64.5	21.0	56.9	64.3
117	21.4	58.1	64.8	21.4	57.4	64.5
118	22.0	58.6	65.3	22.0	57.8	65.3
119	22.8	59.1	65.6	22.0	57.5	65.5
120	22.5	59.0	66.2	23.0	59.0	66.3
121	23.9	59.9	66.5	24.0	59.4	66.4
122	23.9	59.9	67.2	23.9	59.2	67.9
123	26.1	63.4	67.4	23.0	58.9	66.6
124	27.1	62.6	68.7	23.8	60.9	67.7
125	25.0	60.1	68.8	26.8	60.5	68.5
126	25.6	61.0	69.6	26.6	62.5	70.4
127	27.6	63.9	67.4	24.0	65.1	69.4
128	31.2	66.0	69.7	24.7	58.2	70.8
129	26.7	64.8	68.7	28.0	60.0	76.0
130	26.1	59.2	71.4	22.0	55.0	65.0

の平均値(つづき)

3 小学校

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
90 cm	-	-	-	14.0	48.0	56.0
91	17.0	53.0	61.0	-	-	-
92	-	-	-	16.0	57.0	60.0
93	12.0	49.0	54.0	14.0	51.0	54.0
94	13.0	52.0	54.0	-	-	-
95	13.7	49.4	-	14.0	50.0	54.0
96	14.1	49.4	56.5	-	-	-
97	14.1	55.2	56.6	18.4	53.5	61.5
98	15.0	53.0	62.0	15.4	54.2	56.6
99	15.0	54.2	59.3	15.6	51.4	57.2
100	15.4	52.0	58.2	16.3	52.7	59.3
101	15.7	53.2	59.0	16.0	53.0	58.5
102	16.4	54.0	59.2	16.0	52.7	58.8
103	16.8	53.9	59.2	16.8	52.6	59.3
104	16.8	54.2	59.5	16.6	53.1	59.5
105	17.2	54.9	60.1	17.0	53.3	60.2
106	17.8	55.1	60.8	17.3	53.8	60.4
107	17.9	55.1	61.0	18.0	53.8	61.0
108	18.3	55.2	61.5	18.3	54.1	61.5
109	18.4	55.7	62.1	18.2	54.3	61.8
110	18.8	55.8	62.5	18.6	54.7	62.4
111	19.1	56.1	62.9	18.9	55.0	62.9
112	19.6	56.6	63.5	19.4	55.4	63.4
113	20.0	56.8	64.0	19.8	55.6	63.8
114	20.3	57.2	64.5	20.1	56.0	64.3
115	20.7	57.4	64.9	20.6	56.4	64.7
116	21.1	57.9	65.4	21.0	56.7	65.2
117	21.5	58.2	65.8	21.4	57.1	65.7
118	21.9	58.6	66.3	21.8	57.4	66.1
119	22.4	59.0	66.7	22.4	57.7	66.6
120	22.9	59.4	67.2	22.8	58.2	67.2
121	23.3	59.6	67.7	23.2	58.5	67.6
122	23.9	60.3	68.2	23.9	59.0	68.1
123	24.4	60.6	68.6	24.1	59.4	68.5
124	24.9	61.0	69.1	24.7	59.8	68.9
125	25.4	61.5	69.4	25.2	60.3	69.3
126	25.9	61.8	69.9	25.7	60.6	69.8
127	26.3	62.2	70.3	26.1	60.9	70.2
128	26.9	62.7	70.8	26.8	61.4	70.7
129	27.5	63.1	71.2	27.2	61.8	71.1
130	28.1	63.6	71.7	28.1	62.6	71.6
131	28.6	63.9	72.0	28.5	62.8	72.0
132	29.4	64.6	72.5	29.1	63.3	72.5
133	29.9	64.9	72.9	29.7	63.7	72.9
134	30.5	65.4	73.3	30.2	64.2	73.3
135	31.1	65.8	73.8	30.8	64.7	73.8
136	31.7	66.3	74.1	31.3	65.1	74.2
137	32.6	67.0	74.6	32.2	65.8	74.7
138	33.3	67.5	75.0	32.6	66.3	75.1
139	33.9	67.8	75.4	33.4	66.9	75.6
140	34.7	68.4	75.8	34.3	67.5	76.2
141	35.3	68.7	76.2	34.8	67.9	76.7
142	36.2	69.5	76.7	35.7	68.7	77.1
143	36.8	69.8	77.2	36.4	69.2	77.6
144	38.0	70.9	77.6	37.0	69.7	78.2
145	38.3	70.8	78.1	38.0	70.5	78.7
146	39.6	71.7	78.4	39.1	71.5	79.2
147	40.3	72.1	78.9	39.7	71.8	79.7
148	40.7	72.5	79.3	40.5	72.3	80.3
149	41.6	72.9	79.8	41.5	73.3	80.7
150	42.3	73.3	80.0	42.5	73.8	81.2
151	43.9	74.2	81.0	43.3	74.1	81.7
152	44.5	74.6	81.2	43.7	74.4	82.3
153	45.7	75.4	81.8	44.6	74.9	82.6
154	46.9	76.4	82.4	46.0	76.2	83.1
155	47.1	76.3	82.6	46.4	76.1	83.3
156	47.4	76.5	83.1	48.2	77.2	84.1
157	48.1	77.0	84.2	48.2	77.4	84.7
158	50.8	78.6	84.4	48.7	77.8	85.1
159	53.8	81.1	84.9	51.8	80.2	85.6
160	52.7	79.6	84.5	51.6	78.8	86.0
161	53.6	80.6	85.8	51.8	79.6	86.2
162	51.8	78.2	86.7	49.7	76.7	85.9
163	58.1	84.2	87.1	50.4	77.0	84.3
164	70.2	86.7	88.1	52.5	80.1	87.1
165	57.2	81.4	86.9	70.2	92.5	90.2
166	63.5	87.9	87.1	51.5	79.4	87.8
167	64.6	87.4	89.9	53.0	75.0	89.0
168	55.7	79.0	88.3	-	-	-
169	38.7	68.8	73.8	-	-	-
170	58.1	82.9	89.6	-	-	-
171	51.9	77.3	97.3	-	-	-
172	61.0	82.0	93.0	-	-	-
173	-	-	-	-	-	-
174	-	-	-	-	-	-

3. 身長別 計測値

4 中学校

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
114 cm	25.0	65.0	77.0	29.0	62.0	72.0
115	28.1	67.6	69.1	39.0	74.0	81.0
116	69.0	85.0	93.0	—	—	—
117	—	—	—	22.0	59.2	62.9
118	26.0	63.0	68.0	—	—	—
119	—	—	—	24.0	66.0	67.0
120	24.3	61.0	67.3	29.0	60.0	58.0
121	24.6	62.3	65.8	—	—	—
122	24.0	59.0	66.0	31.5	69.5	72.2
123	—	—	—	30.7	69.7	72.7
124	28.6	65.5	70.0	23.8	60.7	68.9
125	24.0	62.0	66.0	26.7	64.3	70.4
126	25.9	64.1	69.1	25.6	62.7	70.6
127	26.6	61.9	68.8	29.8	65.7	71.1
128	26.5	63.4	69.3	27.8	68.8	69.7
129	27.3	63.2	69.9	31.8	64.5	71.5
130	28.8	64.8	71.3	27.6	63.5	71.4
131	29.1	64.7	71.6	30.4	65.7	72.9
132	28.7	64.5	71.8	29.8	65.6	72.3
133	30.0	65.6	72.2	29.0	64.7	72.6
134	30.6	65.5	72.5	30.6	66.1	74.0
135	30.7	65.8	72.9	31.2	66.4	73.7
136	31.2	66.0	73.2	31.7	66.2	74.1
137	31.6	66.2	73.7	31.9	67.0	74.4
138	32.4	67.0	74.2	32.6	67.5	75.0
139	33.0	67.5	74.6	33.4	68.3	75.7
140	33.8	68.0	75.1	35.0	69.5	76.1
141	34.2	68.1	75.6	35.4	69.7	76.8
142	35.2	68.6	76.0	36.3	70.5	77.1
143	35.8	69.2	76.5	37.2	71.4	77.8
144	36.5	69.6	77.0	37.8	71.7	78.3
145	37.3	70.1	77.4	39.1	72.7	79.0
146	38.0	70.6	77.9	39.8	73.2	79.4
147	38.5	70.8	78.4	40.8	73.9	80.0
148	39.4	71.4	79.0	41.9	74.7	80.5
149	40.2	71.9	79.2	42.7	75.2	81.0
150	40.9	72.5	79.8	43.8	76.0	81.6
151	41.9	73.0	80.4	44.5	76.3	82.0
152	42.6	73.4	80.9	45.4	76.9	82.5
153	43.3	73.9	81.4	46.0	77.1	83.0
154	44.2	74.5	81.9	46.9	77.6	83.4
155	45.0	75.1	82.4	47.7	78.0	83.9
156	45.8	75.5	82.9	48.5	78.4	84.3
157	46.5	76.0	83.4	49.0	78.7	84.8
158	47.4	76.5	84.0	49.8	79.0	85.1
159	48.3	77.1	84.5	50.6	79.4	85.6
160	49.3	77.7	85.1	51.3	79.7	86.1
161	50.2	78.3	85.6	52.0	79.9	86.5
162	51.1	78.7	86.1	53.0	80.5	87.0
163	52.0	79.4	86.6	53.5	80.6	87.3
164	52.8	79.7	87.2	54.2	80.9	87.6
165	54.0	80.4	87.6	54.7	81.1	88.2
166	54.2	80.5	88.1	55.9	81.9	88.5
167	55.3	80.8	88.4	57.3	82.2	89.2
168	56.3	81.6	89.2	59.1	81.8	89.1
169	56.9	81.8	89.5	59.1	83.4	89.9
170	57.6	82.0	89.9	58.8	83.1	90.0
171	58.8	82.8	90.5	58.1	81.6	90.0
172	59.7	83.3	90.9	59.6	82.3	91.2
173	60.4	83.5	91.3	60.0	84.8	91.0
174	61.4	83.7	92.0	61.1	83.4	92.2
175	62.6	84.7	92.1	59.5	84.1	92.4
176	63.0	84.7	92.7	51.2	77.6	87.2
177	65.0	85.5	93.2	62.1	81.1	93.8
178	64.0	84.9	93.4	56.9	81.4	85.9
179	64.9	85.2	94.1	—	—	—
180	65.4	85.9	94.5	—	—	—
181	66.0	85.5	94.3	—	—	—
182	68.5	86.4	95.4	—	—	—
183	74.3	89.7	95.4	—	—	—
184	63.7	83.2	93.6	—	—	—
185	77.5	94.7	96.7	—	—	—
186	68.2	86.0	95.8	—	—	—
187	76.0	89.2	98.8	—	—	—
190	59.0	77.0	94.0	—	—	—
192	46.0	73.0	82.0	—	—	—
195	—	—	—	55.0	81.0	87.0
197	55.0	86.0	94.0	—	—	—

の平均値(つづき)

5 高等学校

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
122 cm	—	—	—	29.0	78.0	62.0
123	45.0	79.0	80.0	—	—	—
128	32.0	69.0	70.0	26.0	65.0	70.0
129	—	—	—	48.0	79.0	70.0
130	—	—	—	32.0	73.0	74.0
131	—	—	—	41.3	82.3	76.0
132	—	—	—	28.2	63.7	71.5
133	—	—	—	45.0	80.0	77.0
134	—	—	—	49.0	80.1	81.6
135	—	—	—	40.9	81.4	75.7
136	—	—	—	45.3	81.1	75.6
137	33.0	68.0	75.0	52.6	86.8	78.5
138	35.0	73.0	76.0	40.0	77.4	78.4
139	43.7	72.5	78.3	43.5	77.5	78.8
140	46.6	81.6	77.4	42.2	77.5	78.6
141	42.1	75.7	77.8	47.9	81.5	78.9
142	36.1	71.7	75.8	45.0	79.0	79.1
143	34.9	68.4	77.2	43.7	78.3	79.8
144	35.8	69.2	76.8	46.7	80.0	80.3
145	42.5	72.7	80.1	46.4	79.8	80.7
146	40.7	73.9	78.6	46.1	79.2	80.6
147	45.0	77.8	81.5	46.4	79.4	81.2
148	42.4	75.1	79.9	47.6	80.2	81.6
149	40.9	72.5	79.6	47.5	79.8	81.8
150	43.0	75.3	80.7	47.9	79.9	82.3
151	43.9	76.6	81.5	48.5	80.2	82.7
152	45.7	77.6	82.7	49.0	80.3	83.1
153	46.8	78.1	83.0	49.6	80.7	83.4
154	46.3	77.4	83.2	50.2	80.6	83.9
155	47.9	78.9	83.8	50.8	81.1	84.4
156	48.7	79.1	84.3	51.3	81.1	84.7
157	49.8	79.8	84.9	52.2	81.6	85.1
158	50.3	80.0	85.6	52.5	81.5	85.5
159	51.6	80.9	85.9	53.2	81.8	85.9
160	52.3	81.3	86.2	53.8	82.0	86.3
161	53.0	81.7	86.7	54.5	82.3	86.7
162	53.8	81.8	87.1	55.4	82.5	87.3
163	54.4	82.3	87.6	55.9	82.6	87.7
164	55.4	82.7	88.1	56.7	82.9	88.0
165	56.1	83.0	88.5	57.3	83.2	88.3
166	56.8	83.5	88.9	57.5	83.1	88.9
167	57.8	83.7	89.5	58.9	83.8	89.0
168	58.3	84.1	89.7	58.7	83.5	89.6
169	58.9	84.3	90.2	59.4	83.5	89.8
170	60.0	84.9	90.6	59.7	84.4	89.8
171	60.6	85.2	91.2	60.8	83.4	90.7
172	61.3	85.4	91.6	62.0	83.3	90.5
173	61.9	85.8	91.9	61.4	83.1	90.9
174	62.9	86.0	92.4	76.5	95.2	93.8
175	63.8	86.4	92.7	65.6	86.4	92.9
176	64.1	86.7	93.2	59.4	86.3	90.6
177	65.3	87.0	93.5	68.3	86.6	95.0
178	66.6	87.7	94.0	63.3	85.7	90.2
179	67.1	88.1	94.4	64.0	85.0	97.0
180	68.2	88.2	95.0	—	—	—
181	68.5	88.2	95.2	—	—	—
182	70.0	88.7	95.6	—	—	—
183	69.7	88.7	95.9	80.0	87.0	97.0
184	71.8	90.1	96.2	—	—	—
185	74.0	91.1	97.0	—	—	—
186	73.4	89.9	97.0	—	—	—
187	77.4	92.7	97.3	—	—	—
188	71.2	84.9	99.8	—	—	—
189	72.6	88.7	99.1	—	—	—
190	76.5	90.6	96.8	—	—	—
191	72.7	92.0	101.4	—	—	—
192	67.4	88.1	93.5	—	—	—
193	63.0	78.0	98.0	—	—	—
194	64.6	88.9	91.0	—	—	—
195	50.0	80.0	91.0	—	—	—
199	67.0	86.0	105.0	—	—	—