

表3 年齢別平均胸囲の

(1) 男

年齢	6才	7	8	9	10	11	12	13	14
明治 33	53.9	56.1	57.9	60.0	60.9	65.0	64.8	67.0	70.9
34	53.9	55.8	57.9	59.7	61.5	63.3	65.2	67.6	71.2
35	54.2	56.1	57.0	59.7	61.5	63.3	65.2	67.6	70.6
36	53.9	55.8	57.9	59.7	61.5	63.3	65.5	67.9	70.9
37	54.2	55.8	57.6	59.4	61.2	63.0	65.2	67.6	71.2
38	53.9	55.8	57.6	59.7	61.5	63.0	64.8	67.6	70.9
39	53.6	56.1	57.6	59.7	61.5	63.0	65.5	67.9	70.6
40	53.9	55.5	57.6	59.4	61.5	63.3	65.2	67.9	70.6
41	54.2	56.1	57.9	59.4	61.2	63.0	65.5	67.9	71.2
42	54.2	56.1	57.6	59.1	61.2	63.0	66.1	67.6	70.3
43	54.2	56.1	57.9	59.7	61.5	63.3	65.5	68.2	71.2
44	53.9	55.8	57.9	59.7	61.5	63.0	65.5	67.9	71.2
45	53.9	56.1	57.6	59.7	61.5	63.3	65.5	68.2	71.5
大正 2	53.9	56.1	57.9	60.0	61.8	63.6	65.8	68.5	71.5
3	54.2	56.1	57.9	60.0	61.8	63.6	65.8	68.5	71.2
4	54.2	56.4	58.2	60.0	61.8	63.9	66.1	68.5	71.5
5	54.2	56.4	58.2	60.3	62.1	63.9	66.4	68.8	71.8
6	54.5	56.4	58.2	60.3	62.1	63.9	66.4	68.8	72.1
7	54.2	56.4	58.2	60.0	62.1	63.9	65.8	68.5	71.8
8	54.2	56.1	58.2	60.0	62.1	63.9	66.1	68.5	71.8
9	54.2	56.4	58.8	60.3	61.8	63.9	65.8	68.5	72.1
10	-	-	-	-	-	-	-	-	-
11	54.5	56.4	58.5	60.3	62.1	64.2	66.1	69.1	72.7
12	54.5	56.4	58.5	60.6	62.1	64.2	66.1	69.1	72.7
13	54.5	56.7	58.2	60.3	62.1	64.2	66.4	69.7	73.0
14	54.2	56.4	58.5	60.3	62.1	64.2	66.4	69.1	72.7
昭和 15	54.4	56.3	58.2	60.4	62.1	64.3	66.2	69.2	73.2
2	54.1	56.1	58.1	60.1	61.9	64.0	66.2	69.4	72.7
3	54.3	56.3	58.2	60.2	62.1	64.1	66.0	69.2	72.9
4	54.3	56.4	58.3	60.2	62.1	64.1	66.2	69.3	73.3
5	54.4	56.4	58.4	60.3	62.1	64.1	66.2	69.4	73.3
6	54.4	56.4	58.3	60.2	62.1	64.2	66.3	69.5	73.5
7	54.5	56.5	58.4	60.3	62.2	64.2	66.4	69.8	73.8
8	54.5	56.5	58.4	60.3	62.3	64.2	66.4	70.2	74.5
9	54.7	56.7	58.6	60.5	62.3	64.4	66.8	70.2	74.7
10	54.7	56.7	58.6	60.5	62.5	64.5	66.8	70.2	74.6
11	54.8	56.8	58.6	60.6	62.4	64.5	66.9	70.2	74.5
12	54.8	56.8	58.7	60.6	62.5	64.5	66.9	70.0	74.5
13	54.6	56.8	58.7	60.9	62.9	65.0	67.3	70.9	74.4
14	55.1	56.9	58.9	60.7	62.8	64.8	67.2	70.6	74.6
15~22	-	-	-	-	-	-	-	-	-
23	56.1	57.9	59.5	61.3	62.9	64.6	66.9	69.1	72.4
24	56.3	58.2	60.0	61.7	63.4	65.1	67.0	69.4	72.7
25	56.3	58.2	60.0	61.8	63.4	65.2	67.0	69.5	72.8
26	56.3	58.2	60.1	61.9	63.6	65.3	67.3	70.0	73.4
27	56.4	58.3	60.1	61.8	63.6	65.6	67.6	70.0	73.8
28	56.2	58.3	60.2	61.9	63.8	65.7	67.9	70.6	74.2
29	56.2	58.1	60.1	62.0	63.8	65.7	67.8	70.9	74.4
30	56.2	58.2	60.1	61.8	63.9	65.8	68.2	71.3	75.0
31	56.3	58.1	60.1	61.9	64.0	66.0	68.3	71.6	75.5
32	56.3	58.2	60.1	62.0	63.8	66.0	68.5	71.7	75.6
33	56.4	58.3	60.2	62.0	64.0	66.9	68.3	72.1	75.8
34	56.4	58.2	60.1	62.0	63.9	66.0	68.4	72.1	76.1
35	56.4	58.3	60.2	62.1	64.0	66.0	68.6	72.0	76.3
36	56.5	58.3	60.3	62.2	64.1	66.3	68.8	72.3	76.3

推移 (明治33年度~昭和36年度)

年次統計

(cm)

15	16	17	18	19	20	21	22	23	24
73.9	77.0	77.9	80.0	80.9	80.9	80.9	82.1	80.9	80.9
73.9	77.0	78.8	80.3	81.2	81.8	81.5	81.5	81.5	80.0
74.2	77.0	79.4	80.6	81.5	81.8	81.5	81.5	79.1	80.6
74.2	76.7	79.1	80.6	81.5	81.8	81.5	81.5	80.9	81.2
74.2	77.0	79.1	80.6	81.2	81.8	81.2	81.2	80.9	80.9
73.9	77.3	79.4	80.6	81.5	81.5	81.5	81.8	80.9	80.9
74.5	77.3	79.4	80.6	80.6	81.8	82.1	82.1	81.5	80.9
74.2	77.0	78.8	80.0	81.5	81.2	81.8	81.5	81.2	81.5
74.5	77.3	79.1	80.6	81.5	81.8	81.8	81.8	81.8	81.8
74.2	77.0	79.1	80.6	81.5	82.1	82.1	82.1	82.1	81.8
74.6	77.6	79.1	80.3	81.2	81.8	81.8	81.8	81.5	82.1
74.8	77.3	79.4	80.6	81.2	81.8	82.4	81.8	83.1	81.5
74.8	77.9	79.7	80.9	81.8	81.8	82.4	82.4	82.1	82.4
74.8	77.6	79.4	80.9	81.8	82.4	82.7	82.4	82.1	82.4
74.8	77.9	79.7	81.2	82.1	82.4	82.7	82.7	83.0	82.4
75.2	78.2	80.0	81.5	82.1	82.7	82.7	82.7	82.4	82.1
75.5	78.2	80.3	81.5	82.4	82.7	83.0	82.7	82.4	82.4
75.8	78.5	80.3	81.5	82.1	82.4	82.7	83.3	82.4	82.4
75.5	78.2	80.3	81.5	82.4	82.4	82.7	83.0	82.7	82.7
75.8	78.2	80.0	81.5	82.1	82.4	82.4	82.4	82.4	82.1
75.5	78.2	80.3	81.1	82.4	82.4	83.0	82.7	82.4	83.0
76.1	79.1	80.9	82.1	82.4	82.7	82.7	83.0	83.0	83.3
76.7	79.4	80.9	82.1	82.7	83.0	83.0	83.3	83.3	83.3
76.7	79.1	80.6	82.4	82.7	83.0	83.3	83.3	83.3	83.9
76.7	79.1	81.2	82.1	83.3	83.0	83.3	83.6	83.6	83.9
76.3	79.5	81.3	82.2	82.7	83.1	83.3	83.9	83.6	84.1
76.5	79.0	80.9	82.0	82.7	82.9	83.4	83.5	83.4	83.3
76.5	79.1	80.9	82.2	82.6	83.0	83.1	83.2	83.1	83.2
76.7	79.3	81.2	82.3	82.9	83.3	83.3	83.6	83.6	83.7
76.8	79.5	81.2	82.4	82.9	83.1	83.2	83.6	83.5	83.6
77.1	79.7	81.4	82.6	83.0	83.2	83.4	83.6	83.8	83.9
77.3	80.0	80.9	82.7	83.4	83.4	83.5	83.7	83.8	83.9
77.3	80.3	81.7	82.9	83.0	83.7	83.6	83.5	83.8	84.0
78.0	80.8	82.2	83.3	83.9	83.7	83.8	83.9	83.9	84.0
78.1	80.8	82.3	83.3	83.8	83.9	83.7	83.7	83.8	83.8
78.1	80.7	82.2	83.0	83.9	84.0	84.0	84.1	84.0	84.4
78.1	80.7	82.4	83.4	84.2	83.7	83.5	83.7	83.8	83.8
78.4	81.0	82.8	83.5	84.0	83.9	84.2	84.2	84.4	84.4
78.0	80.8	82.4	83.6	84.0	84.0	84.0	84.1	84.0	84.0
-	-	-	-	-	-	-	-	-	-
75.4	78.8	80.9	82.2	83.0	83.5	83.8	84.0	83.9	84.0
76.3	79.1	81.3	82.4	83.2	83.5	83.6	84.0	84.1	84.1
76.3	79.5	81.5	82.6	83.1	83.5	83.7	84.0	84.1	84.2
77.7	80.3	82.3	82.7	83.2	83.6	83.7	83.7	84.0	84.2
77.3	80.1	82.2	82.8	83.1	83.4	83.7	83.7	83.8	83.7
78.2	80.6	82.4	82.7	83.1	83.5	83.8	83.9	84.0	84.1
78.3	80.9	82.6	82.8	83.3	83.6	83.9	83.9	83.9	84.1
78.6	81.3	83.0	83.1	83.5	83.8	84.0	84.1	84.2	84.1
79.4	81.8	83.6	83.6	84.0	84.2	84.5	84.5	84.5	84.6
79.6	82.1	83.7	84.2	84.4	84.5	84.7	84.8	84.7	84.7
79.9	82.3	84.1	84.0	84.5	84.8	85.0	85.0	85.0	85.0
79.8	82.5	84.0	84.5	84.7	85.0	85.2	85.2	85.0	85.0
80.2	82.5	84.2	84.6	84.9	85.2	85.4	85.4	85.4	85.2
80.3	82.7	84.4	84.8	85.1	85.5	85.7	85.7	85.8	85.8

表3 年齢別平均胸囲の

(2) 女

年齢	年度									
	6才	7	8	9	10	11	12	13	14	
明治 33	53.0	53.9	56.1	57.9	60.0	60.9	63.9	67.0	70.0	
34	52.7	54.2	55.8	57.3	59.4	61.5	63.9	67.0	69.7	
35	52.7	53.9	55.8	57.6	59.4	61.5	63.6	67.7	69.7	
36	52.4	54.2	55.8	57.6	59.4	61.2	63.6	67.0	70.0	
37	52.7	53.9	55.8	57.3	58.8	61.2	63.6	66.7	69.7	
38	52.7	53.9	55.5	57.6	58.8	60.9	63.9	66.7	70.3	
39	52.1	53.0	55.8	57.3	59.1	60.3	63.3	66.1	70.0	
40	52.4	53.9	55.8	57.6	59.1	61.2	63.6	67.0	70.3	
41	52.4	53.9	55.8	57.3	58.8	61.2	63.6	66.7	70.0	
42	52.4	53.9	55.8	57.3	59.1	60.9	63.6	67.0	70.3	
43	52.4	54.2	55.8	57.3	59.1	61.2	63.9	67.0	70.3	
44	52.4	53.9	55.8	57.3	59.1	61.2	63.6	66.7	70.3	
大正 45	52.1	53.9	55.5	57.3	59.1	61.2	63.9	67.9	71.2	
2	52.1	54.2	55.8	57.6	59.4	61.8	64.2	67.6	70.6	
3	52.4	54.2	56.1	57.6	59.7	61.8	64.5	67.9	70.9	
4	52.4	54.2	55.8	57.9	59.7	61.8	64.8	68.5	71.2	
5	52.4	54.2	56.1	57.9	60.0	62.1	65.2	68.5	71.2	
6	52.4	54.2	56.1	57.9	60.0	62.1	65.2	68.5	71.2	
7	52.4	54.2	56.1	57.9	59.7	62.4	64.8	68.5	71.5	
8	52.4	54.5	56.1	57.9	59.7	62.1	64.5	68.2	71.5	
9	52.4	54.5	56.1	58.2	59.7	62.1	64.5	68.8	72.1	
10	-	-	-	-	-	-	-	-	-	
11	52.4	54.5	56.4	58.2	60.0	62.4	65.2	68.8	72.7	
12	52.7	54.5	56.4	58.2	60.3	62.4	60.1	68.8	72.4	
13	53.0	54.5	56.4	58.2	60.3	62.4	65.5	69.4	72.4	
14	52.7	54.5	56.4	58.2	60.0	62.4	65.5	69.1	72.4	
昭和 15	52.7	54.5	56.4	58.2	60.0	62.4	65.5	69.1	72.4	
2	52.5	54.6	56.2	57.9	60.0	62.5	65.6	69.3	72.3	
3	52.5	54.3	56.1	58.2	60.0	62.4	65.2	69.0	72.1	
4	52.6	54.5	56.3	58.3	60.1	62.6	65.8	69.3	72.6	
5	52.6	54.5	56.3	58.1	60.1	62.6	65.8	69.3	72.5	
6	52.7	54.5	56.2	58.1	60.1	62.5	65.9	69.5	72.8	
7	52.7	54.6	56.4	58.1	60.2	62.8	66.1	69.8	73.0	
8	52.8	54.6	56.4	58.2	60.2	62.8	66.5	69.8	73.1	
9	53.0	54.9	56.6	58.4	60.5	63.0	66.8	70.4	73.7	
10	53.0	54.9	56.7	58.5	60.5	63.1	66.5	70.3	73.5	
11	53.1	54.9	56.7	58.6	60.6	63.1	66.7	70.4	73.6	
12	53.2	55.0	56.9	58.7	60.8	63.6	66.7	70.2	73.7	
13	53.2	55.1	57.1	58.8	61.1	63.8	66.9	70.4	74.1	
14	53.3	55.3	57.1	59.0	61.3	63.9	66.8	70.0	73.9	
15~22	-	-	-	-	-	-	-	-	-	
23	54.6	56.2	57.8	59.5	61.3	63.4	66.6	69.5	72.9	
24	54.7	56.4	58.0	59.6	61.5	63.7	66.7	69.9	73.3	
25	54.7	56.4	58.0	59.7	61.5	63.8	66.8	70.3	73.6	
26	54.7	56.3	58.2	59.9	61.7	64.2	67.3	71.0	74.2	
27	54.8	56.6	58.3	60.2	62.1	64.5	67.6	71.1	74.5	
28	54.7	56.5	58.4	60.2	62.1	64.7	68.1	71.6	74.9	
29	54.6	56.3	58.3	60.2	62.3	64.9	68.3	71.8	75.1	
30	54.6	56.4	58.2	60.2	62.5	65.2	68.9	72.5	75.6	
31	54.7	56.4	58.3	60.4	62.7	65.6	69.2	72.9	76.0	
32	54.7	56.5	58.3	60.2	62.5	65.8	69.5	73.1	76.1	
33	54.8	56.6	58.4	60.4	62.7	65.7	69.8	73.5	76.2	
34	54.8	56.5	58.4	60.4	62.9	66.0	69.7	73.7	76.7	
35	54.9	56.7	58.5	60.6	63.1	66.3	70.1	73.6	76.7	
36	54.9	56.6	58.6	60.6	63.1	66.5	70.4	74.0	76.8	

推移 (明治33年度~昭和36年度)

年次統計

(cm)									
15	16	17	18	19	20	21	22	23	24
73.0	73.9	76.1	77.9	79.1	79.1	80.0	80.0	77.9	77.9
72.7	74.8	76.1	77.0	77.3	77.0	75.5	75.8	78.8	74.8
72.7	74.2	76.4	77.3	77.0	76.4	75.2	74.8	73.3	73.6
72.7	74.5	76.1	75.8	76.4	75.5	74.5	75.1	78.5	74.8
73.3	75.2	76.1	77.3	77.0	76.4	76.4	74.8	74.8	73.6
73.0	75.5	77.0	77.6	78.2	77.3	76.7	75.8	75.2	78.2
73.3	75.0	77.3	78.2	78.5	76.7	78.2	79.7	77.9	76.4
73.3	75.5	77.3	77.9	78.2	76.4	76.7	76.1	77.6	73.9
72.7	75.8	77.0	77.6	78.5	77.6	76.7	77.0	76.7	76.7
73.0	75.2	76.7	77.6	78.8	78.5	77.0	77.0	76.7	75.8
73.9	75.5	77.0	78.5	78.5	78.5	79.4	78.5	77.6	78.8
73.3	75.5	77.0	77.9	78.2	77.9	77.6	77.3	77.6	76.1
73.9	76.1	77.0	78.5	79.1	79.4	79.4	79.4	70.0	79.4
73.6	75.8	77.0	78.2	78.8	78.5	79.1	78.8	78.2	80.9
73.9	75.5	77.3	78.5	78.8	79.1	78.2	77.6	77.6	77.9
74.2	76.1	77.3	78.8	79.4	78.8	78.8	78.2	78.8	77.3
73.9	75.8	77.6	79.1	79.1	79.4	78.5	78.8	78.5	79.4
73.9	75.2	77.3	79.4	79.4	79.1	79.1	77.3	79.4	76.7
73.9	75.8	77.9	79.1	79.4	78.8	78.5	78.8	79.4	78.5
74.2	76.1	78.2	78.5	78.8	78.5	79.1	78.5	78.5	79.7
24.8	76.4	77.6	79.1	80.0	81.2	79.4	80.3	79.7	77.9
-	-	-	-	-	-	-	-	-	-
74.8	76.4	78.2	78.8	80.9	80.0	80.6	82.4	81.2	85.2
74.5	77.0	77.9	79.4	79.7	80.3	80.3	80.3	80.9	82.7
74.5	76.4	77.9	78.5	79.1	79.4	79.1	80.0	79.4	78.2
73.9	76.4	77.6	78.2	78.2	78.5	77.9	78.2	77.3	76.1
74.3	76.1	77.6	78.0	78.2	77.9	78.1	78.5	77.8	77.5
74.4	75.8	77.0	77.9	79.0	79.0	78.9	79.0	78.7	78.9
74.5	76.0	77.1	78.1	77.3	77.5	77.5	77.9	77.4	76.5
74.8	76.2	77.3	78.1	76.9	77.9	78.2	77.9	78.2	79.6
74.7	76.1	77.4	78.3	77.7	77.4	77.4	76.9	77.9	77.9
74.9	76.0	77.3	78.0	77.6	78.0	77.1	77.5	77.3	77.9
75.2	76.3	77.3	78.1	77.8	77.5	77.4	76.7	77.8	77.8
75.2	76.3	77.2	78.1	78.3	78.1	77.7	77.8	77.8	77.8
75.5	76.6	77.7	78.6	78.6	78.3	77.8	78.1	77.2	76.1
75.3	77.0	77.6	78.5	78.3	78.2	77.5	77.3	77.7	79.5
75.6	77.0	77.9	78.7	78.9	78.8	78.8	79.6	78.2	79.4
75.8	77.0	78.2	79.0	78.8	78.3	78.0	77.9	79.1	79.1
75.8	77.1	78.5	79.0	78.8	78.5	78.6	78.4	78.4	77.5
75.8	77.3	78.5	79.2	78.6	78.5	78.7	79.2	79.2	78.9
-	-	-	-	-	-	-	-	-	-
75.7	78.2	79.7	80.7	81.1	81.2	81.4	81.1	80.7	80.2
76.3	78.5	79.7	80.7	81.3	81.6	81.5	81.4	80.9	80.8
76.4	78.6	79.8	80.4	81.1	81.4	81.2	81.5	81.2	81.2
77.1	78.8	79.8	80.0	80.6	80.9	81.4	80.7	81.4	80.7
77.3	78.8	80.0	80.5	80.9	80.9	80.7	80.9	80.8	79.6
77.4	79.1	80.1	80.0	80.6	80.7	80.6	80.5	80.7	80.4
77.6	79.1	80.2	80.0	80.5	80.7	80.6	80.8	80.8	80.8
77.9	79.6	80.5	80.2	80.7	80.6	80.9	80.7	80.8	80.9
78.2	79.7	80.6	80.2	80.8	80.7	80.7	80.8	80.9	80.8
78.3	79.8	80.7	80.5	80.9	81.0	80.8	80.7	81.1	81.1
78.4	79.9	80.7	80.3	80.9	80.7	80.8	80.8	81.1	81.4
78.6	80.0	80.8	80.4	80.9	80.9	80.8	80.7	81.2	81.3
78.9	80.2	80.9	80.3	80.9	80.7	80.8	80.8	80.8	80.9
78.9	80.3	81.0	80.5	81.0	80.9	80.9	80.9	81.7	81.4